



HEART&SOUL

“Behold, ***I will do a new thing***, now it shall spring forth; shall you not know it? ***I will even make a road in the wilderness and rivers in the desert.***” *Isaiah 43:19*

1. 24/7, DO NOT BE _____, GOD IS GREATER THAN YOUR FEARS

SUNDAY, “**Fear not**, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.” 41:10

MONDAY, “For I, the Lord your God, will hold your right hand, Saying to you, ‘**Fear not**, I will help you.’” 41:13

TUESDAY, “‘**Fear not**, you worm Jacob, You men of Israel! I will help you,’ says the Lord And your Redeemer, the Holy One of Israel.” 41:14

WEDNESDAY, “But now, thus says the Lord, who created you, O Jacob, And He who formed you, O Israel: ‘**Fear not**, for I have redeemed you; I have called you by your name; You are Mine’.” 43:1

THURSDAY, “**Fear not**, for I am with you; I will bring your descendants from the east, and gather you from the west.” 43:5

FRIDAY, “Thus says the Lord who made you and formed you from the womb, who will help you: ‘**Fear not**, O Jacob My servant; and you, Jeshurun, whom I have chosen.’” 44:2

SABBATH, “**Do not fear, nor be afraid**; Have I not told you from that time, and declared it? You are My witnesses. Is there a God besides Me? Indeed there is no other Rock; I know not one.’ ” 44:8

2. THE _____ OF GOD,

1. GOD CAN USE _____ LEADER, Isaiah 45

"I have raised him up in righteousness, and I will direct all his ways; He shall build My city and let My exiles go free, not for price nor reward", says the Lord of hosts." **Isaiah 45:13**

2. GOD USES HIS _____, Isaiah 41:8-10

"But you, **Israel**, are My **servant**, **Jacob** whom I have **chosen**, The descendants of **Abraham** **My friend**. You whom I have taken from the ends of the earth, and called from its farthest regions, and said to you, 'You are My servant, I have chosen you and have not cast you away: Fear not, for I am with you; Be not dismayed, for I am your God. [1] **I will strengthen you**, Yes, [2] **I will help you**, [3] **I will uphold you with My righteous right hand.**" **Isaiah 41:8-10**

[1] _____ YOU.

[2] _____ YOU.

[3] _____ YOU.

3. GOD SENT HIS **SON**, Isaiah 42:7,9

"To open blind eyes, to bring out prisoners from the prison, those who sit in darkness from the prison house... Behold, the former things have come to pass, and new things I declare; before they spring forth I tell you of them." **Isaiah 42:7,9**

3. PLANNING BEYOND in 2023,

SUCCESS = GOOD + FAST + LOVE
To Know + To Act + To Have a good heart

1. HEALTH

- lose _____ lbs by ____/____/2023 / Exercise _____ x/week
- gain _____ lbs by ____/____/2023 / Exercise _____ x/week
- eat better _____
- sleep better // go to bed _____:_____ pm every day.
- Vacations, I will go to _____ by ____/____/2023
- other: _____

2. FINANCES

- Better Steward, () _____ tithes **10%** + () offerings _____ %
- Beyond plan** () \$167 () \$209 () other _____
- Build my Emergency fund \$ _____ by ____/____/23
(3 - 6 months of all your expenses)
- Pay off debts – snow ball method (smaller to bigger)
- other: _____

3. SOCIAL

- meet with friends _____ times per week;
- discipleship, _____
- my purpose is _____
- other, _____

4. SPIRITUAL

[] Read the Bible, _____ chapters per day

[] Pray, times of the day: _____

[] Spiritual Retreat, () Day with God by ____/____/23;

() Camping with God by ____/____/23

[] Read _____ spiritual development books, which ones?

[] Read the book **The Great Controversy** with my church family.

[] Journal, **what?** () prayers; () meditation/thoughts; () God's work in your life

OTHER PLANS,

AREA: _____

WHEN I'LL START: _____ / _____ / 2023

WHEN I'LL FINISH: _____ / _____ / 2023

MY REASONS AND GOALS:

NOTES,

HAPPY 2023.
THE YEAR BEYOND